



Week 1

	BREAKFAST	SNACK
MONDAY	Blueberry Chex WG Pears Milk	Pretzels Pineapple Water
TUESDAY	Kiz WG Pineapple Milk	Goldfish Mixed fruit Water
WEDNESDAY	Life WG Peaches Milk	Graham Crackers Blueberries Water
THURSDAY	Blueberry Chex WG Oranges Milk	Saltines Pears Water
FRIDAY	Cheerios WG Mixed fruit Milk	Wheat Thins Peaches Water

*All meals prepared daily

**All meals served with appropriate condiments



Week 2

	BREAKFAST	SNACK
MONDAY	Cheerios WG Mixed fruit Milk	Saltines Cheese stick Water
TUESDAY	Life WG Peaches Milk	Wheat Thins Banana Water
WEDNESDAY	Blueberry Chex WG Pears Milk	Goldfish Mixed fruit Water
THURSDAY	Kix WG Blueberries Milk	Cheez-Its Pineapple Water
FRIDAY	Life WG Peaches Milk	Pretzels Oranges Water

*All meals prepared daily

**All meals served with appropriate condiments



Week 3

	BREAKFAST	SNACK
MONDAY	Blueberry Chex WG Peaches Milk	Goldfish Pears Water
TUESDAY	Life WG Mixed fruit Milk	Saltines Cucumbers Water
WEDNESDAY	Cheerios WG Oranges Milk	Pretzels Peaches Water
THURSDAY	Kix WG Pears Milk	Tortilla chips Salsa Water
FRIDAY	Life WG Blueberries Milk	Graham Crackers Peaches Water

*All meals prepared daily

**All meals served with appropriate condiments

Week 4

	BREAKFAST	SNACK
MONDAY	Life WG Oranges Milk	Wheat Thins Pineapple Water
TUESDAY	Kix WG Mixed fruit Milk	Saltines Cheese stick Water
WEDNESDAY	Blueberry Chex WG Pears Milk	Goldfish Peaches Water
THURSDAY	Life WG Blueberries Milk	Graham Crackers Pineapple Water
FRIDAY	Cheerios WG Pineapple Milk	Pretzels Cucumber Water

Week 5

	BREAKFAST	SNACK
MONDAY	Cheerios WG Oranges Milk	Wheat Thins Pears Water
TUESDAY	Kix WG Peaches Milk	Pretzels Carrots Water
WEDNESDAY	Blueberry Chex WG Blueberries Milk	Saltines Cheese stick Water
THURSDAY	Cheerios WG Pears Milk	Tortilla chips Salsa Water
FRIDAY	Life WG Mixed fruit Milk	Goldfish Pineapple Water